



SOLID FOUNDATIONS DC:
Strategic Plan to Prevent and End Youth Homelessness

Office of Columbia Interagency
Council on Homelessness
March, May, 2017

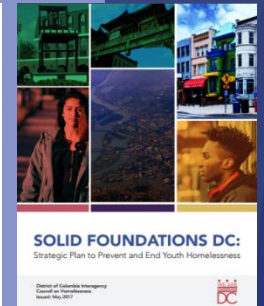


**SASHA
BRUCE**

ICH Youth Committee

June 28, 2018

***GOVERNMENT OF THE DISTRICT OF COLUMBIA
INTERAGENCY COUNCIL ON HOMELESSNESS
SASHA BRUCE RECONNECT***

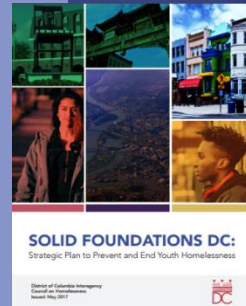


SASHA BRUCE RECONNECT— Family Stabilization Grant

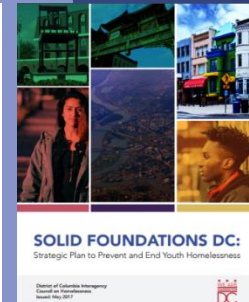
► Overview -

- Funded through DC Council (Comprehensive Plan to End Youth Homelessness) as part of homeless prevention efforts
- Serving youth and families up through age 24
- In home and community based family counseling to support family reunification
- Case management and referrals for families to support family stability
- Crisis management assistance and support
- Actively networking with youth serving agencies to identify families in need of services as early as possible

SASHA BRUCE RECONNECT- Importance of Supportive Connections



- ▶ “Youth experiencing homelessness or unstable housing have often lost more than just their homes.” CPEYH Guiding Principles
 - According to homeless youth census of 2016, 37% of youth experiencing homelessness stated that homelessness was a result of conflict with their family and friends.
 - Developing a community of support is a crucial part of development for all transition age youth. For those who are experiencing conflict or instability within their support systems, we can provide support with identifying, rebuilding, or maintaining significant connections.
 - The many benefits of a support network- financial, housing, child care, emotional support, advice, connections, and many others



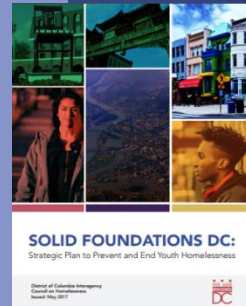
SASHA BRUCE FAMILY

STRENGTHENING PROGRAM: Data

- ▶ Sasha Bruce Reconnect began accepting youth into the program in May 2018
- ▶ Closely linked with Sasha Bruce's Family Strengthening Program which focused on youth who are chronically running away
- ▶ The FSP program started in October 2018 as part of STEP team, providing family support to youth on missing persons list
 - 38 families served to date
 - 16 families discharged
 - Of discharged families, 15 youth returned to stabilized family with referrals to ongoing supports, 1 youth moved into his own apartment with plan to move home at end of summer, 1 referred to independent living.

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Program details



▶ Eligibility

- Individuals up through age 24 who are homeless, at risk of losing housing, or unstably housed, and want to strengthen relationships with family or other supports

▶ Goals and Measures

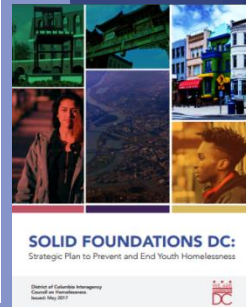
- Family reunification or stable housing with significant support person
- Increased support- Inventory of Socially Supportive Behaviors

▶ Collaborative Efforts

- Establishing referral network to identify families before crisis
- Group curriculum available- Independence is not Isolation- Establishing a support network
- Clinical family specialist outreach to develop connections with youth and partner agencies

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Program details continued



▶ Services

- 3 months of family support with 3 months follow up

Phase 1 (first 30 days)- Assessment and Stabilization- Up to biweekly individual and family sessions

Phase 2 (second 30 days)- Strengthening- Weekly family sessions and individual sessions

Phase 3 (last 30 days)- Sustaining- Family and individual sessions every other week, focus on discharge planning

Follow up (months 4-6)- Ongoing check ins and follow up support decreasing over 3 month period

- Community based services for flexibility of youth and family
- Referrals to resources to provide ongoing support to family
- Activity opportunities to support ongoing and new family connections

SASHA BRUCE RECONNECT:

Questions

- ▶ Questions?
- ▶ Contact information for future questions

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