

Know the Signs of Extreme Heat Exposure

- ❖ What are you doing to protect yourself?
- ❖ SP: Drinking water!
- ❖ CC: elevated body temperatures or heat-related exposure diagnosis would be great to track heat exposure
- ❖ RB: lots of water, sunscreen, cooling towels –bucket of ice water for keeping towels cold, ice-pack towels.
- ❖ SP: suck on ice chips, ice back of neck, and around your wrist –helps with circulating blood!
- ❖ CC: repleting electrolytes – Gatorade, coconut water, etc.
- ❖ CP: Unsheltered folks suffers skin burns in extreme heat not just from the sun, but from heated surfaces....so having a barrier between your skin and hot surfaces, i.e. clothing, blankets, towels

RECOGNIZING THE SIGNS AND SYMPTOMS OF HEAT STROKE/EXHAUSTION

- TROUBLE BREATHING
- RAPID HEARTBEAT
- CONFUSION
- HOT DRY SKIN
- WEAK OR RAPID PULSE
- DISORIENTATION
- DIZZINESS
- NAUSEA
- VOMITING
- COLD CLAMMY SKIN
- MUSCLE CRAMPS

DIAL 911 IF YOU OR SOMEONE AROUND YOU ARE EXPERIENCING THESE SYMPTOMS

*** CLIMATE READY DC

EXTREME HEAT OVEREXPOSURE

HEAT EXHAUSTION

Heat exhaustion occurs when the body overheats, often accompanied by dehydration. Can progress to heat stroke without proper treatment.

KNOW THE SIGNS

- Heavy Sweating
- Weakness & Fatigue
- Fast, Weak Pulse
- Muscle Cramps
- Cold Chills
- Nausea
- Dizziness

TREATMENT

- Rest in Shade or Air Conditioned Space
- Drink Water
- Remove Extra Clothing
- Wade in Shallow Water

HEAT STROKE

Heat stroke can be fatal and requires immediate medical attention.

KNOW THE SIGNS

- No Sweating
- High Body Temperature
- Fast, Strong Pulse
- Altered Mental State
- Throbbing Headache
- May Lose Consciousness
- Confusion

TREATMENT

- CALL 911 IMMEDIATELY
- Take to the Hospital
- Apply Cold Compress
- Do Not Give Fluids

TIPS FOR STAYING COOL

STAY HYDRATED

Drink plenty of water and avoid caffeinated or alcoholic beverages.

REST IN COOL SPACES

Take breaks in shaded or air conditioned spaces. Avoid strenuous outdoor activity.

CHECK ON NEIGHBORS

Check in on elderly neighbors, children, and pets regularly during periods of extreme heat.

USE FANS PROPERLY

Do **NOT** use fans when indoor temperature is >95°F as this can inhibit sweating (i.e. temperature regulation).

CALL THE SHELTER HOTLINE AT 202-399-7093 IF YOU SEE SOMEONE OUTSIDE EXPERIENCING HOMELESSNESS IN NEED OF SHELTER OR COOLING RELIEF FROM THE HEAT, OR CALL 911 IF THREAT TO SAFETY AND HEALTH IS IMMINENT.

Visit ready.dc.gov/extremeheat and heat.dc.gov to learn more about extreme heat, DC's Heat Emergency Plan, and cooling resources available near you!

*** DEPARTMENT OF ENERGY & ENVIRONMENT

GOVERNMENT OF THE DISTRICT OF COLUMBIA MURIEL BOWSER, MAYOR



Interagency Council on Homelessness

ERSO Committee



July 26, 2023



Convention for Recording ICH Committee Meetings:

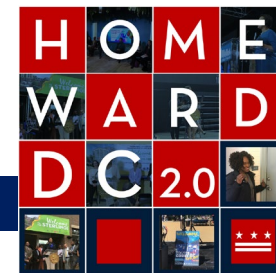
- ❖ Recording for purposes of complying with the open meeting act requirements
- ❖ Available for anyone who requests a copy at ich.info@dc.gov.

Meeting Agenda



- i. Welcome & Agenda Review (10 mins, includes 5 min icebreaker)**
 - a) Intros & Call for Announcements
 - b) Adopting Prior Meeting Notes & Managing the Listserv
- ii. System Check-In (30 mins)**
 - a) Operational Shifts – Hot Weather Emergency (20 mins)
 - b) Naming Shelters (10 mins)
- iii. Discussion Items (45 mins)**
 - a) Reviewing Winter Plan Updates (35 mins)
- iv. Announcements & Reminders (as needed)**
- v. Summary & Adjournment (5 mins)**
 - a) Next Meeting: August 23rd, 2023 from 1-2:30 pm

Intro & Call for Announcements



❖ Intros:

- Chat intros for attendees: name, pronouns, org, title/role
- Quick round of hellos from Co-Chairs and ICH staff with formal roles leading or supporting meeting

❖ Call for Partner Announcements/Reminders:

- Please “chat” any significant partner announcements, especially those changes/updates that impact the system
- We will make time on the agenda, as appropriate, or include in the notes

Adopting Notes & Managing the Listserv



❖ Adopting Prior Meeting Notes:

- Automatically adopted unless meeting attendees flag issues
- Generally, ICH team sends out meeting notes within a week
- Please review as soon as possible and flag any errors/issues
- If we don't hear back within a week, assuming good to adopt

❖ Managing the Listserv:

- Meeting materials are only distributed to listserv members
- If you are **not** on the listserv, you will **not** receive materials
- To join the listserv, email ich.info@dc.gov

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Operational Shifts – Hot Weather Emergency



High Level Summary

- ❖ Extra welfare checks will take place.
- ❖ Extension of Bethany Day Center Hours
- ❖ Outreach teams will distribute
 - Ice cold water
 - Cooling towel's
 - Water bottles with a fan to utilize as a cooling spray
- ❖ Deployment of five cooling buses.
- ❖ Buses will remain at designated locations on a 24-hours cycle.
 - Effective, Wednesday July 26th -Sunday, July 30th.
 - Buses will be deployed by 11 on Wednesday, July 26th.

DHS Updates: Notes on Additional Details



❖ **Cooling Buses:**

- Deployed beginning today noon until Sunday evening
- Hours: 24/7
- Locations:
 - ✓ 21st & E St, Columbia Heights Plaza, Starburst Plaza, Eastern Market, Triangle Park – Good Hope & Minnesota
- Goal:
 - ✓ Aiming for locations near encampments,
 - ✓ No location Downtown knowing BID (Downtown Day Service Center, DDSC) is nearby.
- Communicating availability of buses:
 - ✓ Sharing with outreach, BIDs
 - ✓ Signage for the buses so people know they are available

DHS Updates: Notes on Additional Details



❖ Day Centers

- DDSC: Starting today
 - ✓ 9am –
 - ✓ 10am – 5pm
- Bethany Day Center
 - ✓ Today 7a-6pm
 - ✓ Thursday 7-6pm
 - ✓ Closed Fridays and Sundays
 - ✓ Saturday 7am – 5pm

❖ Supplies:

- DHS distributing cooling towels and water bottles with fans

❖ Outreach:

- Teams were alerted on Monday and started communicating in advance
- ❖ DHS is working to respond to facility issues as well, so reach out to DHS team members (Tony, Quin, etc.) to notify of any questions or service concerns.

Feedback on Operational Shifts



Concerns, Comments, Questions include:

- ❖ **Q: Can you share a flier w the location and hours of the cooling buses so we can inform our clients? Something to handout, notes for front door, etc.**
 - **A from ICH:** Think about templates for future alerts so they are ready to go!
 - **A from DHS:** Will work on getting flyer ready to go!

- ❖ **Q: Cooling buses are not accessible for people in downtown who have their items with them, are elderly and/or not as mobile. Recommend extra outreach to parks up and down K St – Farragut, McPherson, Franklin (13th & I Sts), between McPherson and White House (height of VA bldg. gives lots of shade). People near closed Starbucks closer to 15th & I Streets on patio and other shady areas.**
 - **A from DHS:** Recommend use of DDSC and UPO can support transportation. Will continue to review and adjust based on use of buses which are currently deployed based on encampment locations. Outreach teams are working with individuals who may not be able to access. In between scheduled runs, UPO is deployed to distribute water and do welfare checks at hotspots.

- ❖ **FDBK:** Continue to experience frustrations with customer service and lack of language access at DDSC.

- ❖ **FDBK on location of cooling buses:** Recommendation to shift bus location based on previous feedback, monitor utilization.

Feedback on Operational Shifts



Concerns, Comments, Questions include:

- ❖ **Q: Can people with extra bags be accommodated in UPO vans/transport to cooling buses?**
 - **A:** Will follow up on this to see what can be accommodated.
 - **FDBK from RB:** This is relevant to Winter Planning too. Need to figure out storage solutions and consider options peer communities use.
 - **FDBK from UPO:** Try to accommodate extra bags as much as possible.
- ❖ **Q: Not seeing outreach, water distribution. Not able to get into shelter. Personal experience while unsheltered – items have been stolen, interactions with security and neighborhoods.**
- ❖ **Q: Can we turn the closed Starbucks into a cooling center?**
- ❖ **Q: Staff is telling me that the bust at 21st and E is there, but there is no one present to let people on. Perhaps the driver / staff went to grab lunch?**
 - **A from DHS:** there will not be staffing 24/7. The monitoring team in addition to DHS internal outreach team will be visiting each location at different times of the day. The buses will be idling the whole time and no driver will be onboard.

Feedback on Operation Shifts



FDBK from Umi submitted via email during ERSO CMTE meeting:

- ❖ The Starbucks on K St and I is open, it is 1455 K St NW. The Starbucks on 15th and I was in The McPherson building, it is closed: 901 15th St NW. The other Starbucks is next to Franklin at 13th and I: 1215 I St NW, is also closed.
- ❖ COOLING BUSES
 - There needs to be a DOWNTOWN location on either K St NW or I St NW for those of us who are denied bus entry due to having carts, tents, and big bags.
 - Please have a staff member on the bus. The Hypothermia bus at McPherson in February 2023 was not staffed. Thus, people brought on animals which caused those with dog allergies or dog fears to not use bus; denied others entry as one man used three seats; smoked crack\cigarettes\and marijuana on the bus.
 - Will UPO allow us to ride to a cooling site and take our luggage? The buses are wheelchair accessible, so there is room.
- ❖ GETTING INFO TO THE UNHOUSED
 - Please post information on @district_ich and @dc_hsema, and @upoinc so we know what is happening in real-time.
 - Will the accounts be monitored in real-time if an unhoused person tweets at them for help?
- ❖ Note from ICH Director: the ICH Twitter account has not been active since 2021. ICH is willing to plan for using Twitter for strategic planning purposes but not for operational and emergency management/operation activities. ICH is staffed for strategic planning, not operational support.

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Naming Shelters



Purpose:

Gather feedback on

- ❖ potential names for Living Life Alternatives (name of the program; not the name of the building itself)
- ❖ our proposal to establish a process for naming new shelter locations

Background/Context:

- ❖ Establishing a process for naming new shelter locations
- ❖ Leverage existing guidelines with other District Agencies that name public spaces regularly (e.g., Office of Planning, others?)

Key Discussion Questions:

- ❖ What's important in naming a building? People, Place, or Things?
- ❖ Who needs to participate in the process we establish?

Feedback on Naming Shelters



Concerns, Comments, Questions include:

- ❖ **FDBK from RB:** Should follow MMB's lead for naming in honor of prominent African Americans
- ❖ **FDBK from QE:** "New Life Building"

Due to time constraints, please send additional feedback to ich.info@dc.gov and look out for other opportunities to inform this process!

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Feedback on Winter Plan Review



- ❖ **Q: How is 24/7 shelter represented in this Winter Plan? Historically, only 24/7 during weather alert.**
 - **A from ICH:** Majority of LBS sites operated 24/7, but overflow sites were not operating 24/7. Will detail hours by program type even if do not list exact names/locations of overflow sites in the Winter Plan.
 - **A from DHS:** Be aware that 24/7 is not considered a permanent operational shift, however still committing to 60-day notice if need to move away from 24/7 operation.
 - **FDBK from AC:** Clarification on pre-pandemic hours: 12-hour shelters, not 8 hours. 5p-9am with a robust UPO route for shelter guest free transport during the day.
 - **FDBK from RH:** Storage more of an issue during 24/7 operation.
 - **A from DHS:** Open to feedback on 24/7 operations.

Feedback on Winter Plan Review



- ❖ **Q from RW: Concern on sleep deprivation. Clarification on why Blair has been operating from 7pm – 7am when have been advocating for 24/7 or 5pm – 9am across the system.**
 - **A from DHS:** Blair is scheduled to close, have only been able to keep it open for hypothermia season for extra capacity, not additional standard LBS hours.

- ❖ **Q from RS: DHS in process of negotiating for overflow space. Who are negotiating with and what criteria is used to select overflow space?**
 - **A from DHS:** Determine what the capacity needs are. DHS is in the process of forecasting and what the overflow need will be. Work with govt partners (DPR, DGS, etc.) first then work to identify additional sites in community if needed (faith based, etc.). Criteria is combination of needs, availability.

ICH Shortfall Estimate



Pivot to Review on Shortfall Estimate

- ❖ Initially presented at the 07/26 Shelter Capacity PPT.
- ❖ Integrated into this presentation here

Roadmap for Discussion:

- ❖ Capacity Need (Beds)
- ❖ Capacity Available (Beds)
- ❖ Estimated Shortfall (Beds)

Capacity Need (Beds)



Population	Alert Status	Max	Min	Median	Mode	Average
All Men's Shelters Combined	Alert Nights	1328	1159	1280	1301	1267
	Non-Alert Nights	1393	1130	1231	1144	1239
All Women's Shelters Combined	Alert Nights	526	433	501	507	495
	Non-Alert Nights	516	412	477	485	469

DHS Forecast Model for Max: 1419 Men; 549 Women; 1991 Total

Capacity Available (Beds)



Shelter Capacity Overview, Adult Men Shelter

Name of Facility	Provider	Year-Round Beds	Overflow	Total
801 East Shelter	Catholic Charities	332	40	
New York Avenue	Catholic Charities	225		
Adams Place Shelter	Catholic Charities	125 150		
Pat Handy Legacy	Catholic Charities	130		
Community for Creative Non-Violence (CCNV) Drop-In Center	CCNV	67		
Blair	Coalition for the Homeless	72		
Living Life Alternatives (LGBTQ+)	Coalition for the Homeless	28		
Pandemic Emergency Program for Vulnerable Individuals (PEPV) Hotels (Double-Occupancy)	Multiple Providers	465		
<u>Aston</u>	<u>TBD</u>	<u>35</u>	-	-
Total Capacity		842 1,444	40	882 1,484
Overflow Capacity	DHS		As needed	

Capacity Beds Available Continued



Shelter Capacity Overview, Adult Women Shelter

Name of Facility	Provider	Year-Round Beds	Overflow	Total
D.C. General Building 9-Harriet Tubman	Catholic Charities	155		
Patricia Handy Swing Space	N Street Village	140		
Saint Josephine Bakhita (formerly Nativity Shelter)	Catholic Charities	20		
Community for Creative Non-Violence (CCNV) Drop-In Center *Flag from RH: CCNV may be available	CCNV	24		
Living Life Alternatives (LGBTQ+)	Coalition for the Homeless	12		
Pandemic Emergency Program for Vulnerable Individuals (PEP-V) Hotels (Double-Occupancy)	Catholic Charities	199		
<u>Aston</u>	<u>TBD</u>	<u>15</u>	-	-
Adam's Place Day Center *Flag from RM: Eve's Place operating at a capacity of 40*	DHS		30	
Total Capacity		550 342	30	580 372
Overflow Capacity	DHS		As needed	

Capacity Shortfall



Shortfall	Start (Avg – Available Capacity)	Middle (Max – Available Capacity)
Men	$1294 - 882 = 412$	$1350 - 882 = 468$
Women	$483 - 342 - (10 + 48) = 83$ *Flags from ADSC & CCNV included	$569 - 372 - (10 + 48) = 139$ *Flags from ADSC & CCNV included

Last hypothermia season, the District used the following overflow sites:

- ❖ 2 DPR Rec Centers: Sherwood (60 beds) & Trinidad (planned for 60, but only utilized 50 beds because the space was so tight) and
- ❖ 2 mission-driven organizations: Church of the Epiphany (30 beds) and Salvation Army (40 beds)

Shortfall	Start (Avg – Available Capacity)	Middle (Max – Available Capacity)
Men	$1294 - 882 - 120 = 292$	$1350 - 882 - 120 = 348$
Women	$83 - 60 = 23$	$139 - 60 = 79$

Therefore, if we are successful in mobilizing all the overflow space from last year, our shortfall changes as follows: assumption is that rec centers can generally accommodate 40 – 50 beds, so we translate the shortfall into an estimate of the number of rec centers needed as follows:

Shortfall	Start (Avg – Available Capacity)	Middle (Max – Available Capacity)
Men	$292/50 = 5.84$, which rounds up to 6	$348/50 = 6.96$, which rounds up to 7
Women	$23/50 = 0.46$, which rounds up to 1	$79/50 = 1.58$, which rounds up to 2

Data Limitations



Our estimates do not account for

- ❖ Progress in housing placements as a result of efforts to expedite, match, and housing FY22 & FY23 resources
- ❖ Especially because we targeted long stayers (sheltered and unsheltered)!

Feedback on Winter Plan Review



- ❖ **FDBK from Umi:** Advocating for downtown location for women, ideally Epiphany. Women do not want to access Harriet Tubman.

- ❖ **Q from RW:** What is the projected amount of folks that will be housed during hypothermia season?

- ❖ **Q from JR:** why does the Aston have only 15 year-round beds listed?
 - **A from ICH:** When opens, will only be available for 50 people, estimating 70/30 split for men and women respectively.

Feedback on Winter Plan Review



- ❖ **FDBK from RB:** Need to do another inflow analysis soon, should err on higher estimate.

- ❖ **Q from RM:** Adam's Day Center is currently operating 40 overflow beds, rather than previous 30. Will this change? It has been operating fine and there is space.
 - **A:** Estimates currently accounts for 30 but will take every bed possible if able to maintain at 40.

- ❖ **Q from RH:** Correction that CCNV Women's beds was 48 year-round beds, not 67. Will be able to operate these beds for hypothermia season, not as 24/7 shelter beds.

Feedback on Winter Plan Review



- ❖ **Q: Did you say that we won't have Sherwood this year?**
 - **A from ICH:** Not sure yet what DPR sites will be available or assigned for the season and if it will include Sherwood.
- ❖ **Q: Who is the decision maker about what/if certain rec centers are used?**
- ❖ **FDBK from Umi:** Will follow up with Tony via email regarding concerns at Harriet Tubman.
- ❖ **FDBK from RB:** Should explore options for co-ed sites for hypothermia and NCS.
- ❖ **FDBK from RH:** LGBTQ LBS 24/7 filled up quickly. Important to have an alert only site for ~20 beds given safety concerns.
- ❖ **FDBK from Umi:** Encouraging people to use Twitter to follow alerts from DC govt agencies.
- ❖ **FDBK from AC:** Request for DHS to try to get the hypo site identified before end of September 2023!

Meeting Agenda



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 - a) **Next Meeting: August 23rd, 2023 from 1-2:30 pm**

